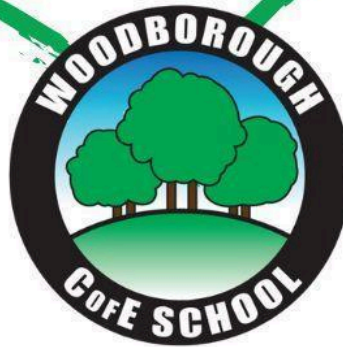




**A love for
learning, life and
one another.**

Kindness, Trust, Respect,
Truth, Courage, Forgiveness

NAME OF POLICY	Spirituality Policy
REF:	WPS/22/09/2025/VERSION 1
COMMITTEE:	Governing Body
SUBJECT LEAD:	Mrs Jo Needham
DATE OF LAST REVIEW:	September 2025
REVIEW CYCLE:	Biannually

At this church school, all aspects of school life reflect a Christian ethos and this policy is based on Christian principles. At Woodborough CE School we believe that it is very important to provide all children with a range of opportunities to help them develop spiritually. We believe that spiritual development may not be synonymous with Religious Education and Collective Worship and can be explored through many different curriculum areas. As a school we focus on the idea of four concepts of spirituality: **self, others, world and beauty and beyond**.

It is a continuous, transformative process of asking the big questions, readjusting perspectives and learning from one another. Our spiritual community at Woodborough ensures we have created a special place, with space for encounter (**Windows**) and reflection (**Mirrors**) and the opportunity to put into action what they believe and value (**Doors**).

We live and learn by our Christian values believing that all that we do is “*Rooted and grounded in a love of God and a love of learning.*” Ephesians 3.14 – 21

What do mean by spirituality and being spiritual?

Being spiritual means thinking about big questions, like where we come from, what makes us special, and how we should treat others.

It’s about feeling connected – to ourselves, to other people, to nature, or something bigger than us.

While spirituality and religion can overlap, they’re not the same:

- Religion is often organized, with specific beliefs and institutions.
- Spirituality is more personal and individual, sometimes practiced outside of any religious system.

Spiritual development is encouraged by:

Relationships with ourselves – The children become increasingly aware of the concept of self- the inner person and the way that this shapes an individual’s perception of themselves as a unique human being. At Woodborough School we teach and model love for others by respecting, serving, valuing and encouraging children and staff to reflect, share, explore their minds, enjoy their gifts and talents, love themselves and feel a keen sense of belonging.

Relationships with others – The children become increasingly aware of the concept of others – a growing empathy, concern & compassion of how to treat others. We strive to nurture a culture where a love for one another celebrates diversity, fosters compassion, creates an inclusive community for all and gives every child, every chance.

Relationships with the world and beauty – The children become increasingly aware of the concept of a physical and creative world – a growing relationship with beauty through the ability to respond emotionally to experiences of the wonder of the natural world and the results of human creativity. Through our creative curriculum we provide opportunities to engage with the wider world at a local, national and global level. Providing experiences

where children can personally witness the wonder and beauty of nature, creating their own awe and wonder memories.

Relationships with the divine and intangible – The children become increasingly aware of the concept of the beyond – the ability to explore experiences beyond the everyday. The children search for meaning in their very existence and their place in the greater scheme of things. We encourage children to explore their own beliefs and discover their personal 'light'. Providing and protecting times of stillness and contemplation and giving opportunities to ponder and discuss the 'Big Questions'. We encourage children to explore their motivations, think about what guides them and provide opportunities for unstructured prayer, meditation and exploration of other faiths.

Love is at the heart of everything we do at Woodborough and our values of respect, courage, forgiveness, kindness, trust and truth are lived out throughout our school community.
